



# CINCINNATI THERAPEUTIC RIDING AND HORSEMANSHIP

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## VOLUNTEER CLASS REGISTRATION – Session 1 and 2, 2019

**Session 1: 8 weeks – February 4 – March 30 / Session 2: 8 weeks – April 1 – May 25**

- New Volunteers, and Volunteers who did not volunteer in 2018, need to complete a “New Volunteer Application” and attend mandatory volunteer training (January 12) in order to volunteer in 2019. Volunteers who volunteered in 2018 (or who attended the Mandatory Volunteer training) only need to complete a 2019 Volunteer Renewal Form.**
  - All Horse Leader volunteers must attend a training update scheduled for January. Please see website for list of training times.
  - All volunteers must go through a background check through VERIFIED VOLUNTEERS. If you have not done so, please go to the website and see the information on obtaining a background check. Providing our clients with a safe and secure facility is a priority for CTRH, and this is a 2019 board policy.
  - You may sign up for your classes for the entire year! – please check the box labeled entire year above the class times below and you will be registered as a volunteer for that class for the entire year. If you prefer to sign up by two session increments, you can choose that option.
2. Current Volunteers use this form and register by fax, mail, email, or in person.
3. **Please review the Weekly Class Schedule and Session Dates** and indicate below the class(es) for which you are volunteering. Volunteer positions are filled on a first come, first served basis; and need is dependent upon the number of riders signed up. **Please complete this first page, and return it to CTRH.**
4. About two weeks prior to the date the Session begins, we will send you a confirmation email with the classes in which we need your help based upon Rider needs and the classes you chose.
5. If you are unable to make a class, please contact the Volunteer Coordinator at CTRH as soon as possible to allow time for a substitute to be found. Also, please be sure to review our weather cancellation policy.

Volunteer’s name: \_\_\_\_\_

Home address: Street: \_\_\_\_\_

City/State/ Zip: \_\_\_\_\_

Email (please print clearly): \_\_\_\_\_

Phone (cell/home/work): \_\_\_\_\_

Preferred method of Communication: \_\_\_\_\_

I am trained to volunteer for:

Side walker \_\_\_\_ Horse Leader \_\_\_\_ Hippo Therapy \_\_\_\_ Crosstie Groom \_\_\_\_ (hippo classes)

\_\_\_\_ Check here if any of this information has changed recently.

**Please indicate below the classes in which you wish to volunteer for Session 1- Winter and Session 2- Early Spring.**

The times listed below are Class Times. **Volunteers arrive 15 minutes prior to class start time.** (See Session Dates on next page.)

I would like to VOLUNTEER FOR THE ENTIRE YEAR FOR THE FOLLOWING CLASSES

I would like to sign up for sessions 1 and 2 and will fill out session 3 and 4 form later.

### Session 1

#### Recreational Riding

	Monday	Morning	10:00 - 11:00
	Monday	Morning	11:00 - 12:00
	Tuesday	Evening	6:00 - 7:00
	Tuesday	Evening	7:00 - 8:00

### Session 2

#### Recreational Riding

	Monday	Morning	10:00 - 11:00
	Monday	Morning	11:00 - 12:00
	Tuesday	Evening	6:00 - 7:00
	Tuesday	Evening	7:00 - 8:00

	Thursday	Evening	6:00 - 7:00
	Thursday	Evening	7:00 - 8:00
	Saturday	Morning	10:00 - 11:00
	Saturday	Morning	11:00 - 12:00

	Thursday	Evening	6:00 - 7:00
	Thursday	Evening	7:00 - 8:00
	Saturday	Morning	10:00 - 11:00
	Saturday	Morning	11:00 - 12:00

**Hippotherapy**

	Tuesday	Afternoon	2:00-3:40
	Tuesday	Afternoon	3:50-5:30
	Thursday	Afternoon	2:00 – 3:40
	Thursday	Afternoon	3:50-5:30
	Friday	Morning	9:00-10:40
	Friday	Morning	10:45-12:20

**Hippotherapy**

	Tuesday	Afternoon	2:00 – 3:40
	Tuesday	Afternoon	3:50-5:30
	Thursday	Afternoon	2:00 – 3:40
	Thursday	Afternoon	3:50 – 5:30
	Friday	Morning	9:00-10:40
	Friday	Morning	10:45-12:00

**Recreational Riding:** Adaptive Recreational Riding is taught in group riding lessons. Each class of two to five riders is taught by instructors certified by PATH, Intl. Each rider has a volunteer horse leader and up to two volunteer side walkers.

**Intermediate Riding:** Intermediate Riding is for Adaptive Recreational riders who are able to rein, circle and halt their horses without assistance. Each class of two to five riders is taught by instructors certified by PATH, Intl. Each rider has a volunteer horse leader to assist. Intermediate riding has more trotting. Typically, there are no side walkers.

**Hippotherapy:** Volunteers must have volunteer experience in Recreational Riding classes, and have successfully completed Hippotherapy Volunteer Training. These sessions are provided by occupational therapists or physical therapists who have completed AHA (American Hippotherapy Association) certification. Volunteers follow the instruction of the individual therapist, rather than a recreational group instructor.

**Weekly Class Schedule for Sessions 1 and 2 2019**

On the Volunteer Registration page, indicate the day/time of class(es) in which you want to volunteer.

**\*\* We ask that you arrive 15 minutes PRIOR to the class start time. \*\***

RECREATIONAL RIDING				
MONDAY	TUESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 - 11:00 a.m.				10:00 - 11:00 a.m.
11:00 - 12:00				11:00 - 12:00
	6:00 - 7:00 p.m.	6:00 - 7:00 p.m.		
Intermediate Riding				
	TUESDAY	THURSDAY		
	7:00 - 8:00 p.m.	7:00 - 8:00 p.m.		

\*Intermediate Riding - Riders must have been registered in an Intermediate Class previously, otherwise requires pre-approval by the instructor.

HIPPO THERAPY		
TUESDAY	THURSDAY	FRIDAY
Sara-Ruth and Katy	Meghan and Katy	Lauren, Christine, Meghan
2:00 – 2:45 p.m.	2:00 – 2:45	9:00 - 10:00 a.m.
2:55 - 3:40 p.m.	2:55 – 3:40	10:10 - 10:40 a.m.
3:50 – 4:35 p.m.	3:50 – 4:35	10:50 – 11:20 a.m.
4:45 – 5:30 p.m.	4:45 – 5:30	11:30 – 12:00 p.m.

HOW DID YOU HEAR ABOUT VOLUNTEERING?